

TRAINING



has APPROVED the training activity of CONAPRO SL. Under the safety standard of wind energy sector, Basic Safety Training (BST) established by the Global wind organisation (GWO) and accepted by the wind energy sector as Single Standard that regulates the need for basic training.

This standard of training consists of 5 modules which have been certified 4: Height, Manual Materials Handling, First Aid and Fire Fighting. Upon completion of the modules BST, attendees will be aware of the risks encountered when working in the wind industry, and how to control and mitigate those risks.

The BST will also provide participants with the knowledge, skills and confidence to respond appropriately in an emergency and to improve safety through proper use of emergency procedures and equipment.

Here are the details Working at Heights and Manual Handling Modules.



JOINT COURSE BST WORKING AT HEIGHT MODULE MANUAL HANDLING MODULE.



OBJECTIVES

The Objectives are:

-The objective of the first Module is to provide participants with the knowledge and basic skills needed through theoretical and practical training for safe working at height and rescue at height in an environment of wind turbines, according to the module Course Working at Height BST.

-The objectives of the second module are to raise awareness through theoretical and practical training on safe behavior in the MHL and perform manual handling activities in a safe manner within the wind energy sector.

CONTENTS

The total optimal time to complete these modules is estimated in 20 hours including lunch and breaks.

JOINT COURSE_BST

WORKING AT HEIGHT MODULE.

WORKING AT HEIGHT MODULE.

- 1.-INTRODUCTION
- 2.-LEGISLATION
- 3.-HARNESSES
- 4.-VERTICAL LIFELINE SYSTEMS
- 5.-FALL ARREST SYSTEM
- 6.-WORKING WITH ROPES POSITION
- 7.-RETRACTABLE FALL ARREST SYSTEMS INS-TRUCTION
- 8.-PRACTICES
- 9.-WORKSHOP GROUP DISCUSSION
- 10.-EVACUATION PROCEDURES EMERGENCY
- 11.-GROUP DISCUSSION ON PPE
- 12.-RESCUE DEVICES
- 13.-SUSPENSION TRAUMA
- 14.-PRACTICE OF RESCUE
- 15.-ASSESSMENT

MANUAL HANDLING MODULE

- 1.- INTRODUCTION
- 2.- LEGISLATION
- 3.- RISKS AND HAZARDS
- 4.-ANATOMY
- 5.-PLANNING FOR LIFTING LOADS
- 6.-RISK CONTROL TECHNIQUES AND LIFT
- 7.-CONDUCT OF SAFETY
- 8.-PRACTICE
- 9.-EVALUATION.



Center:

CONAPRO

Site:

Pol. Ind. Ampliación Morea Sur Nave D3
31191 (Berain)

To:

Specialist working in the wind industry or related areas
needing to obtain your certificate GWO BST Working at
height.

Duration:

TOTAL: 20h.

Certification:

The objective of this course is to provide participants knowle-
dge and basic skills needed through theoretical and practical
training for safe work at height and rescue at height in an
environment of wind turbines, according to the module BST
Working at Heights and Manual Handling modules.

Program:

Theory: 8 hours
Practice: 12 hours

**Facilities and
equipments:**

- Training room with capacity for 20 students
- space confined for practice simulations
- Rescue Dummy.
- Platforms 8 and 6 m height
- Teaching staff with extensive experience in training and
rescue work at height.

Validity:

24 MONTHS.

**Modes of
delivery:****CALL CLOSED COURSE:**

Dates set by CONAPRO.
Minimum number of students required:4

FREE COURSE:

Availability of dates to be determined with CONAPRO SL.
Training courses adapted to the need of Company/Students.

Quotation:

The rate of this course depends on the method and
impartation and the number of students attending.

**Contact
details:**

Contact details for further information are:

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