

COURSE MANUAL HANDLING





The BST will also provide participants with the knowledge, skills and confidence to respond appropriately in an emergency and to improve safety through proper use of emergency procedures and equipment.

Here are the details Module manual handling:

energy sector, Basic Safety Training (BST) stablidard that regulates the need for basic training.

has APROVED the training activity of CONAPRO SL. Under the safety standar of wind shed by the Gobal wind organitation (GWO) and accepted by the wind energy sector as Single Stan-

This standard of training consists of 5 modules which have been certified 4: Height, Manual Materials Handling, First Aid and Fire Fighting. Upon completion of the modules BST, attendees will be aware of the risks encountered when working in the wind industry, and how to control and mitigate

those risks.

OBJETIVE

The objectives of this module are to raise awareness through theoretical and practical training on safe behavior in the MHL and perform manual handling activities in a safe manner within the wind energy sector.

CONTENTS

The optimal total time to complete this module is estimated at 4 hours including lunch and breaks.

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	LESSONS
1	INTRODUCTION
2	LEGISLATION
3	RISKS AND HAZARDS
4	ANATOMY
5	PLANNING FOR LIFTING LOADS
6	RISK CONTROL TECHNIQUES AND LIFT
7	CONDUCT OF SAFETY
8	PRACTICE
9	EVALUATION.



COURSE MANUAL HANDLING MOD. 2 GWO.

Center:

CONAPRO

Site:

Pol. Ind. Ampliación Morea Sur Nave D3 31191 (Beriain)

Audience:

Staff working in the wind industry or related areas that need to get your GWO (BST manual handling of loads) certificate.

Duration:

TOTAL: 4h.

Certification:

: Grants competition to perform safely and efficiently handling a load, according to the Standard GWO.

Program:

Theory: 3 hours Practice: 1 hour

Facilities and equipments:

- Training room with capacity for 20 students
- space confined for practice simulations
- Rescue Dummy.
- •Equipments: Pulley, ropes and blockers
- Platforms 8 and 6 m height
- Teaching staff with extensive experience in training and rescue work at height.

Validity:

24 MONTHS.

Modes of delivery:

CALL CLOSED COURSE:

Dates set by CONAPRO.
Minimum number of students required:4

FREE COURSE:

Availability of dates to be determined with CONAPRO SL. Training courses adapted to the need of Company/Students.

Quotation:

The rate of this course depends on the method and impartation and the number of students attending.

Contact details:

Contact details for further information are:

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