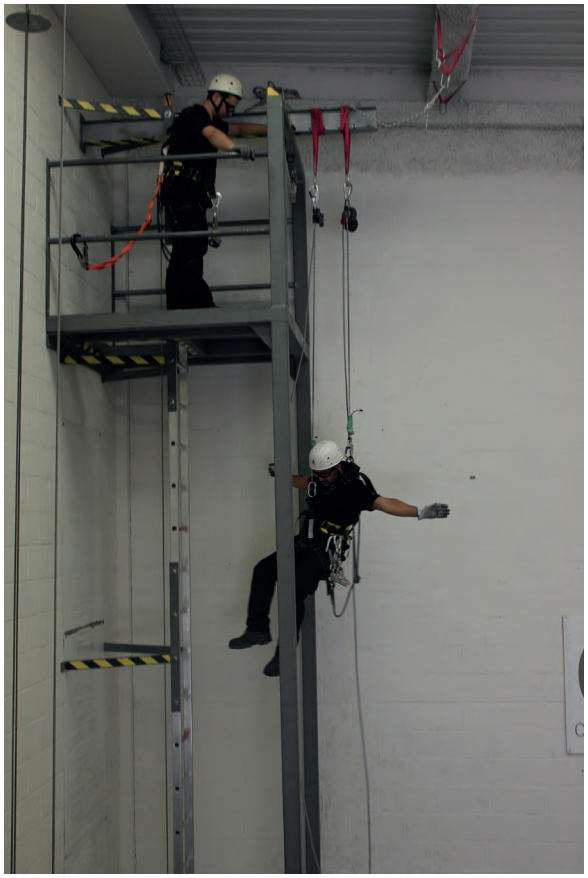
# TRAINING

# COURSE WORKING AT HEIGHT

Global Wind Organisation



SGS has APROVED the training activity of CONAPRO SL. Under the safety standar of wind energy sector, Basic Safety Training (BST) stablished by the Gobal wind organitation (GWO) and accepted by the wind energy sector as Single Standard that regulates the need for basic training.

This standard of training consists of 5 modules which have been certified 4: Height, Manual Materials Handling, First Aid and Fire Fighting. Upon completion of the modules BST, attendees will be aware of the risks encountered when working in the wind industry, and how to control and mitigate those risks.

The BST will also provide participants with the knowledge, skills and confidence to respond appropriately in an emergency and to improve safety through proper use of emergency procedures and equipment.

Here are the details Module Working at Heights:

CERTIFIED GWO

## OBJETIVE

The objective of this course is to provide participants with the knowledge and basic skills needed through theoretical and practical training for safe working at height and rescue at height in an environment of wind turbines, according to the module Course Working at Height BST.

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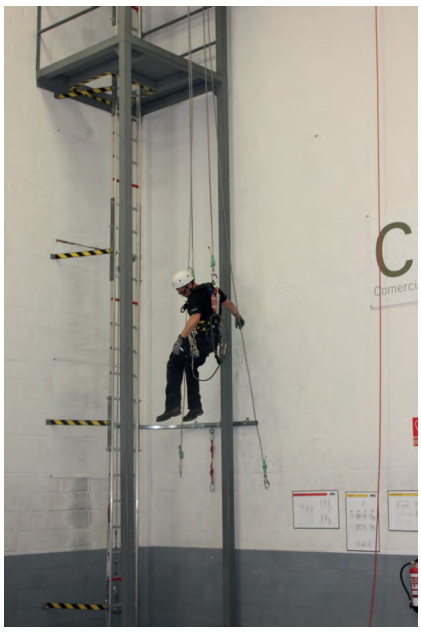
# CONTENTS

The total optimal time to complete this module is estimated in 16 hours including lunch and breaks.

| LESSONS | |
|---|---|
| 1 | INTRODUCTION |
| 2 | LEGISLATION |
| 3 | HARNESSES |
| 4 | VERTICAL LIFELINE SYSTEMS |
| 5 | FALL ARREST SYSTEM |
| 6 | WORKING WITH ROPES POSITION |
| 7 | RETRACTABLE FALL ARREST SYSTEMS INTRUCTIONS |
| 8 | PRACTICES |
| 9 | WORKSHOP GROUP DISCUSSION |
| 10 | EVACUATION PROCEDURES EMERGENCY |
| 11 | GROUP DISCUSSION ON PPE |
| 12 | RESCUE DEVICES |
| 13 | SUSPENSION TRAUMA |
| 14 | PRACTICES OF RESCUE |
| 15 | ASSESSMENT |



## LOCATION

**CONAPRO TRAINING CENTER**

POL. IND. AMPLIACIÓN
MOREA SUR C/D NAVE 3
CP. 31.191 BERIAIN (NAVARRA)

T: 948131878
conaprosl@conaprosl.com

https://goo.gl/maps/0Yeju

# COURSE WORKING AT HEIGHT MOD. 1 GWO

| | |
|---|---|
| Center: | CONAPRO |
| Site: | Pol. Ind. Ampliación Morea Sur Nave D3<br>31191 (Beriain) |
| To: | Specialist working in the wind industry or related areas needing to obtain your certificate GWO BST Working at height. |
| Duration: | TOTAL: 16h. |
| Certification: | The objective of this course is to provide participants knowledge and basic skills needed through theoretical and practical training for safe work at height and rescue at height in an environment of wind turbines, according to the module BST Course Working at Heights. |
| Program: | Theory: 6 hours<br>Practice: 10 hours |
| Facilities and equipments: | • Training room with capacity for 20 students<br>• space confined for practice simulations<br>• Rescue Dummy.<br>• Platforms 8 and 6 m height<br>• Teaching staff with extensive experience in training and rescue work at height. |
| Validity: | 24 MONTHS. |
| Modes of delivery: | **CALL CLOSED COURSE:**<br>Dates set by CONAPRO.<br>Minimum number of students required:4<br>**FREE COURSE:**<br>Availability of dates to be determined with CONAPRO SL.<br>Training courses adapted to the need of Company/Students. |
| Quotation: | The rate of this course depends on the method and impartation and the number of students attending. |
| Contact details: | Contact details for further information are:<br>**conaprosl@conaprosl.com**<br>**Telf: 948131878** |

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